

Fuse Research Event

Planning for a Healthier Food Environment

Tuesday 23 September 2025
12.00 - 1.00pm

About this event

A new, free [e-learning course called Planning for a Healthier Food Environment](#) has been launched to support local authorities and communities in using the planning system to promote healthier diets and reduce obesity. The course was developed through a collaborative effort between Fuse academics from Teesside University and Newcastle University, and the Office for Health Improvement and Disparities (OHID).

This one-hour online event will introduce the wider policy and planning context for the course, provide insights into its cross-disciplinary development, and outline how the resource can be applied in practice to support healthier, more equitable environments.

PROGRAMME

	Welcome Professor Amelia Lake – Fuse Deputy Director and Professor of Public Health Nutrition, (Teesside University)
12.00 - 12.15	Scene setting Sam Montel – Team Lead, Nutrition Evidence, Surveys and Translation (NEST); and Nina Reynolds – Policy Manager, Housing, Planning and Environments for Health, (Office for Health Improvement and Disparities) <i>Overview of the national planning and public health context, including the importance of place-based approaches to tackling obesity.</i>
12.15 - 12.30	Training development Dr Helen Moore – Associate Professor (Research), (Teesside University) <i>Summary of how the training was co-produced, the academic input involved, and the relevance to professionals working across sectors.</i>

12.30 - 12.45	Overview of the training Professor Tim Townshend – Professor of Urban Design for Health, (Newcastle University); and Professor Amelia Lake, (Teesside University) <i>Guided explanation of the training content, format, intended users, and practical application.</i>
12.45 - 1.00	Discussion and Q&A Panel members from Newcastle University, Teesside University and the Office for Health Improvement and Disparities. Chair: Prof Tim Townshend. <i>Opportunity for attendees to ask questions, discuss the course, and consider its relevance to local practice.</i>

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